

OUR HOMETOWN

LIVE WELL & THRIVE

JAN 2026

SERVING TENNESSEE



615-442-8140



WILLIAMS
Insurance Advisors.

dlwins.com

All The Right Parts

(New Year Edition)

By Mayra Zambrano



"The parts
you pick are
the life you live."

Matilda noticed
the words before she
noticed the toy. Printed

boldly on the box, friendly
and confident, as if unaware of what
it was about to stir. She paused. Read
it again. Not because it was clever, but
because it felt uncomfortably true.

Only then did she notice the toy itself: a
female *Potato Head*, neatly packaged,
parts visible through clear plastic.
Eyes, mouths, glasses, accessories.
Options. Possibilities. A life broken into
interchangeable pieces, waiting to be
chosen.

Her daughter tore into the box with
familiar urgency. Pieces spilled onto the
floor and immediately found their place.
No instructions. No hesitation. The toy was
assembled, disassembled, reassembled,
each version acceptable, none permanent.
Matilda watched longer than she
expected.

The *Potato Head*, soon named Philomena,
kept changing. A grin one moment, a
thoughtful look the next. Glasses on.
Glasses off. Philomena didn't cling to one
version as proof of who she really was. She
simply adjusted to the moment.

That's when the line on the box returned.
It landed differently as Matilda realized
how long she had believed growth meant
becoming someone new. Better. Polished.
Impressive. As if who she already was was
only a rough draft.

But watching Philomena, it became
obvious. Nothing new was added. Nothing
essential was missing. The shift wasn't in
acquiring parts, but in choosing which
ones to lead with. That thought followed
her into the new year. When she later

learned **January 10** is **Peculiar People
Day**, it deepened.

Not peculiar as in odd, but peculiar as in
unique. Singular. Unrepeatable.

January has a way of making people feel
unfinished. Like everyone else received clearer
instructions. Like you should emerge sharper
and calmer. *Peculiar People Day* suggests
something gentler and braver. Maybe the
work isn't reinvention. Maybe it's recognition.

Philomena wasn't just adaptable. She was
equipped. Her parts weren't random. They
fit her. What made her peculiar wasn't how
many she had, but how she used them.

Life isn't asking you to copy better versions
of others. It's asking you to use your own
configuration deliberately.

Matilda saw how much energy she had spent
over-identifying with single roles. The capable
one. The responsible one. The composed one.
As if losing one role meant losing herself.

But people who know their peculiar strengths
move differently. They don't panic when one
version no longer fits. They don't collapse
when circumstances change. They pivot and
stay mostly intact. As insurance agents, we
know this for a fact!

When you see yourself as layered instead
of fragile, resilience follows. Change stops
feeling like failure. Flexibility stops looking
like instability. Sometimes, it even becomes
enjoyable.

Matilda returned to the line on the box. "*The
parts you pick are the life you live.*" What kind of
life did she want? All of them. Here's what her
realization revealed:

 **You don't become
someone new.**

You choose which parts of your own set to
bring forward. Growth isn't replacement, it's

better selection.

 **You don't collapse
when one role fails.**

No single role defines your worth or your
future. You choose another and continue.

 **You don't over-
identify with one
version of yourself.**

You can be capable and tired. Ambitious
and cautious. Serious and lighthearted.
Timing and situation matter.

 **You can pivot
without losing your
center.**

That's where a solid insurance plan
quietly enters as one of your solid parts.
Not from fear, but empowerment. Life can
shift without taking you down for long.

 **You can, and you
must, have fun in the
process.**

Switching who you need to be isn't
weakness. It's a skill, and often a joy.



We share this because protection is more than policies and paperwork. It's the freedom
to adapt without fear, to change lanes without losing ground, to live fully without being
undone by the unexpected.

Later, Matilda watched her daughter return Philomena's pieces to the box. No anxiety.
Complete trust that every part would be there when needed. We want that for you, too!

Something caught in Matilda's chest - not
sadness, but quiet relief. She didn't need
reinvention this year. She didn't need
someone else's configuration. She just
needed to trust her peculiar, invaluable
unique way of reassembling
herself, because *she already
had all the right parts.*





BUILDING HOPE THROUGH CARE

BY David Williams

Strong communities are built on compassion, connection, and care, and The Care Cabinet is turning those values into action every day.

This Christ-centered 501(c)(3) nonprofit organization is dedicated to meeting the basic needs of students and families in our community. By partnering with schools, The Care Cabinet identifies spaces where essential care items can be stored and easily accessed, providing immediate support when students face unexpected challenges.

From deodorant, toothpaste, and socks to backpacks, snacks, and school supplies, The Care Cabinet ensures every student has what they need to feel confident, cared

JOIN US: dlwins.com/community



for, and ready to learn. These small acts of kindness make a big difference, helping children stay focused in class and reminding them that they are seen, supported, and valued.

At Williams Insurance Advisors, we believe that caring for our neighbors strengthens us all.

That's why, for every referral we receive this month, we'll donate \$15 to The Care Cabinet to help stock school-based care spaces with essential supplies for local students.

Every contribution helps restore dignity, comfort, and hope, one student at a time.

Together, we can make sure no child goes without the basics they need to thrive. Let's build a stronger, more caring community, one act of kindness at a time.

YOU'RE APPRECIATED!

We often run easy-to-win customer appreciation **PROMOTIONS** to keep you feeling rewarded, too. Stay tuned to this monthly **MAGAZINE** and our **FACEBOOK PAGE!**

facebook.com/profile.php?id=100026537035801

+ For each **QUOTED FRIEND** you send our way, get...

+ A **\$15 DONATION** to a worthy cause!

+ **1 entry** for our **LUXURY PRIZE** Quarterly drawing!

+ **AND 1 entry** for our **LUXURY PRIZE** yearly drawing!!!



THANKS FOR SHARING FRIENDS!

To recommend someone now, visit us at:
dlwins.com/rewards

LAST MONTH'S RIDDLE ANSWER: "THE NORTH POLE"

I am the throne of the unmoving king,
Yet no crown rests and no voices sing.
I bind every wandering road to one thread,
Where all paths agree though none are led.
I am the point that all arrows deny,
For when they seek me, they circle and lie.

WHAT AM I?

Winner will be announced on our **Facebook** page by **mid-Jan.** Stay tuned!

COOK THIS RECIPE

The Hot PASTRAMI SANDWICH

George Would've Loved

By Mayra Zambrano

Ingredients

- **2 slices** rye bread
- **2 tbsp** salted butter, softened (*plus extra for bread*)
- **2 tbsp** Russian dressing
- **2 thick** slices deli Swiss cheese
- **6 slices** deli pastrami
- **Thinly sliced** dill pickles, to taste
- **½ lb** broccoli slaw mix
- **¼ cup** mayonnaise
- **½ tbsp** milk
- **½ tbsp** sugar
- **1 tbsp** apple cider vinegar
- **¼ tsp** celery seeds
- **¼ tsp** poppy seeds
- Cracked pepper & sea salt, to taste
- Dash of cayenne pepper (*optional*)



Unlike George Costanza, you can keep decadence as an exclusive feature of your sandwich. Because in life, you've got us. So, this **Hot Pastrami Sandwich Day** (January 14), lean into something gloriously over-the-top and unapologetically messy. Get to it!

Instructions

- 1- To prepare the broccoli coleslaw, combine all ingredients in a bowl and chill for 1 hour.
- 2- Generously butter the outside of both bread slices.
- 3- Heat ~2 tbsp butter in a large pan over medium-high heat.
- 4- Cook pastrami in a single layer, about 1 minute per side, until lightly browned.
- 5- Spread Russian dressing on the inside of both bread slices.
- 6- Transfer pastrami to one slice (dressing side down). Reduce the heat to medium-low.
- 7- Top with coleslaw, pickles, and Swiss cheese.
- 8- Add the second slice, buttered side facing up.
- 9- Cook over medium-low for 4-5 minutes per side.
- 10- Halve, and serve hot.



You don't just make this sandwich - you surrender to it... Almost like you do with coverage from us!

(JAN 13)
Make Your Dream Come True Day



Time to let
GREAT COVERAGE
propel you right
into it!

Contact us for a plan
that will keep you landing
on your feet.



WILLIAMS
Insurance Advisors.

615-442-8140

DLWINS.COM